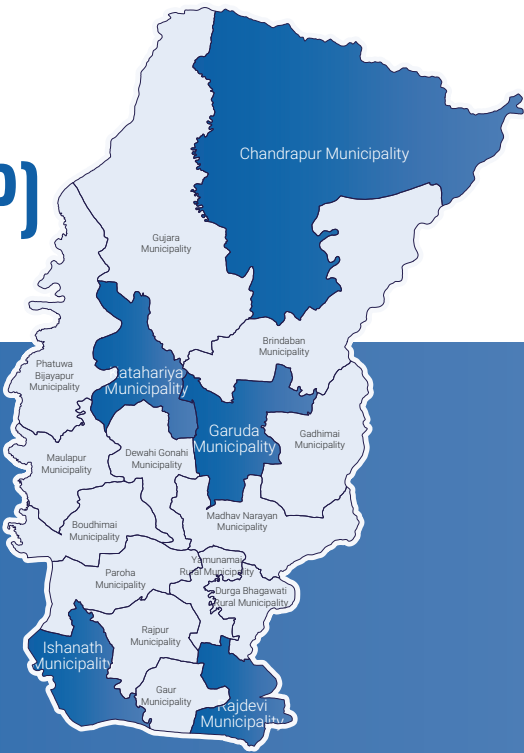


Baseline Study of Mother Child Wellbeing Partnership Program (MCWPP)

RAUTAHAT DISTRICT

The MCWPP or Nurture Every Future - Poshan Nepal aims to improve the wellbeing of children and their mothers in five targeted districts of Nepal. The activities of this program aim to increase availability and consumption of nutritious foods, improve quality and equitable health systems, improved knowledge and adoption of positive Maternal, Infant, Child Health and Nutrition (MICHN) behaviors, improve food safety and WASH and increase women's control over household decision-making. This baseline study of the assessed key indicators to establish benchmarks for the program's impact and identify critical areas of intervention.



Sampling Strategy

Quantitative



350

Household Survey Conducted
Among Mothers of Children
Under 5 Years of Age
(Multi staged systematic random sampling)

10

Health Facility Assessment
(Simple random sampling)

Qualitative



2

Focus Group Discussion



Key Informant Interview (KII)

1

Focal Person of Local Implementing
Partner Organization

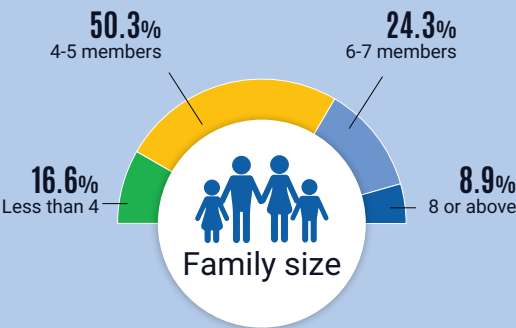
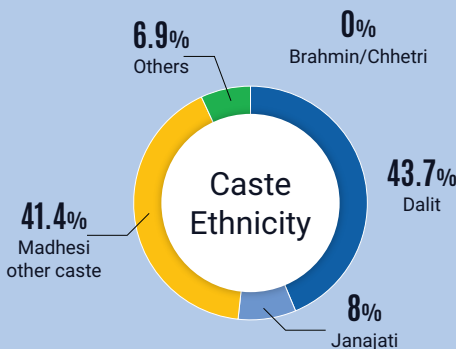
3

Focal Person of Local Government

2

KII with Community Business Facilitator (CBF)
Farm-based Advisor (FBA)

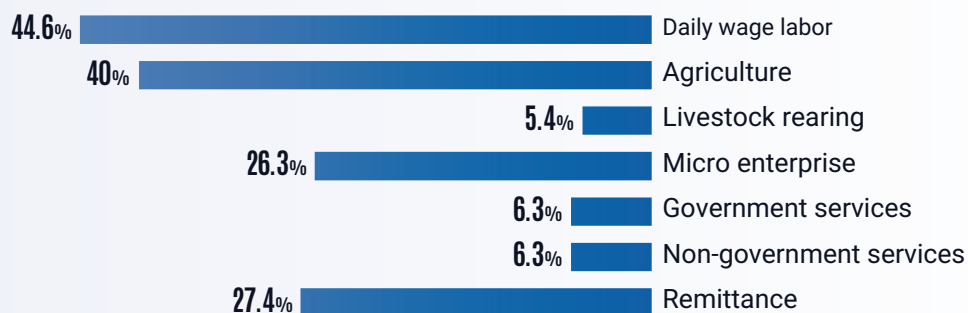
Household Characteristics of Mothers



Source of Family Income



Note: Multiple response

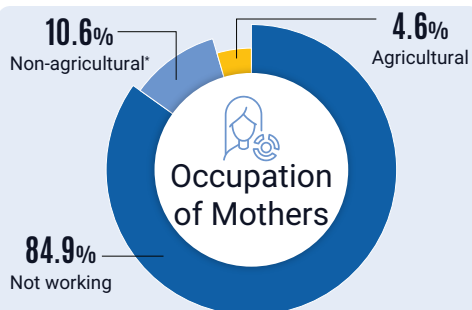


Mother's Characteristics

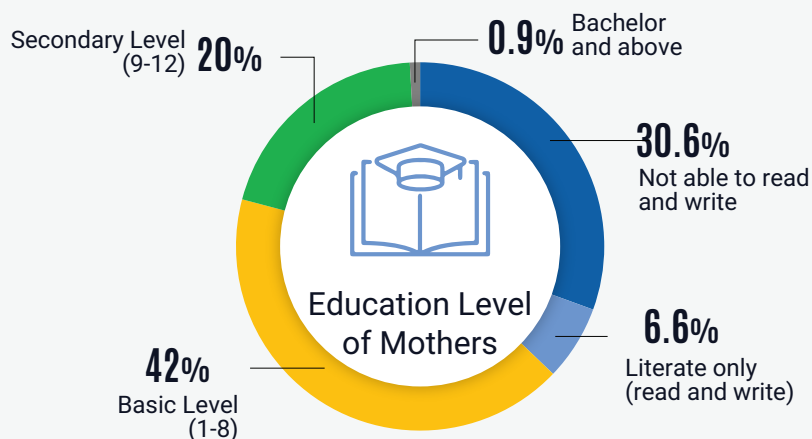


26 (± 5)

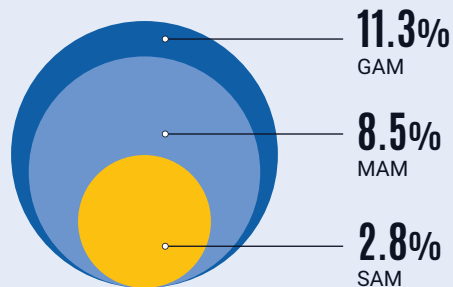
Mean age of mothers



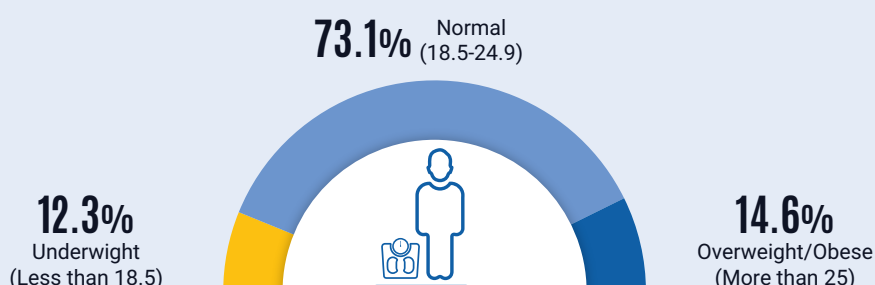
(*micro enterprise, government service, private sector)



Prevalence of Wasting Among Children Under 5 Years of Age



Body Mass Index (BMI) of Women of Reproductive Age



Result Area 1-Increased Availability and Consumption of Nutritious Foods

Food Insecurity: Food Insecurity Experience Scale



No food insecurity

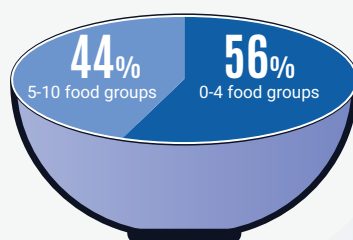


Food insecurity

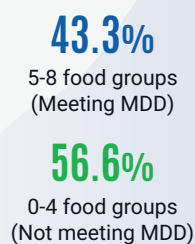
86%

14%

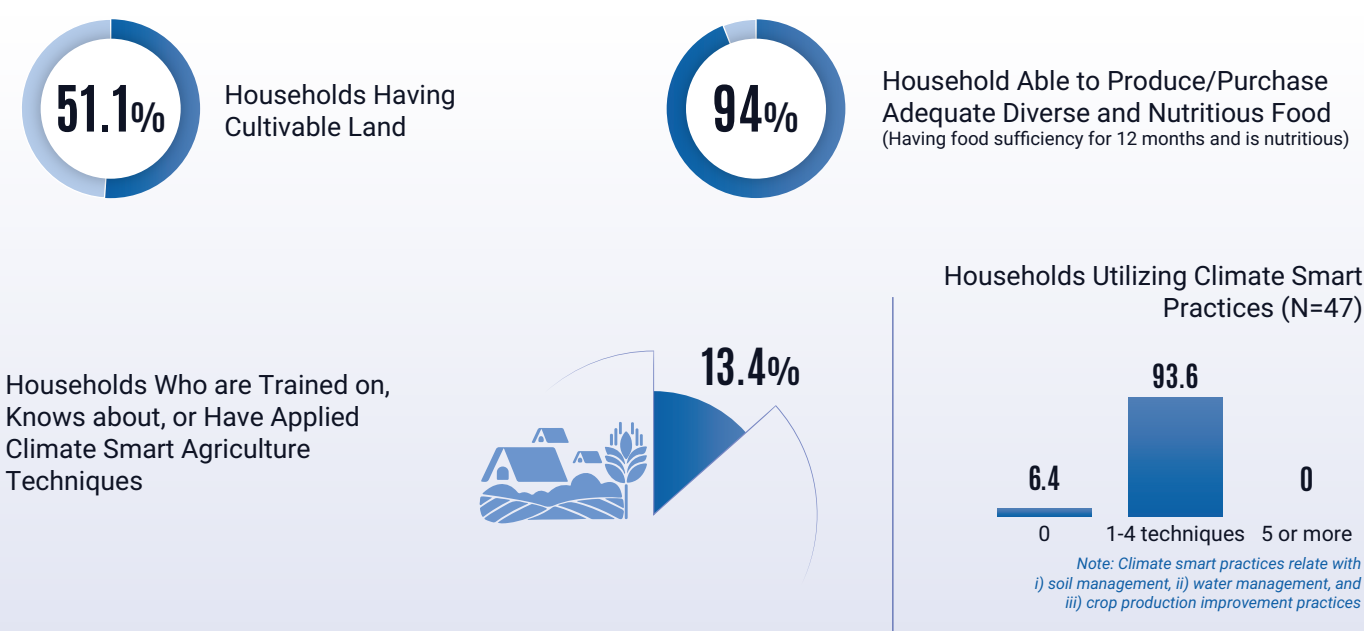
Minimum Dietary Diversity of Women (MDDW)



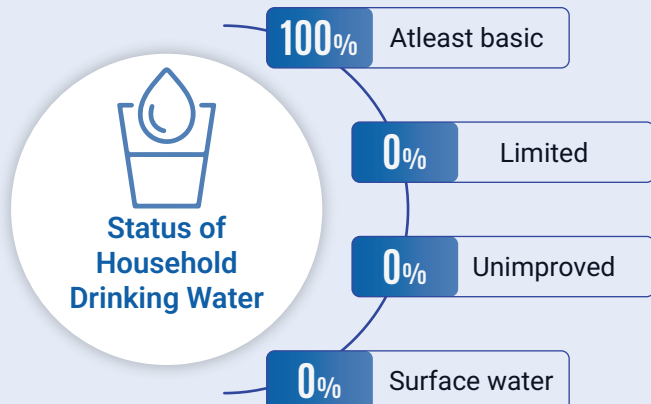
Minimum Dietary Diversity for Children (MDDC) Aged 6-23 Months



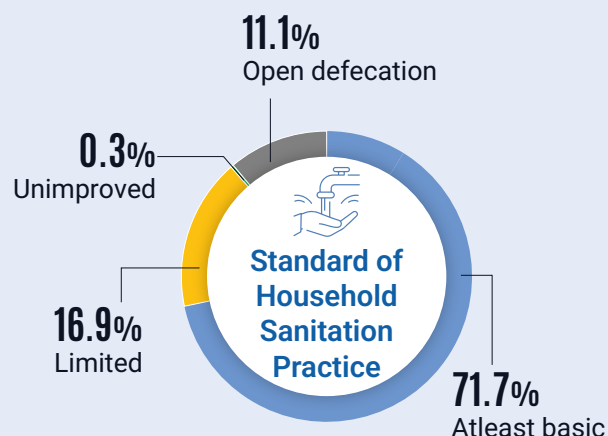
Availability and Production of Nutritious and Diverse Food by Households



Result Area 4-Improved Food Safety and WASH

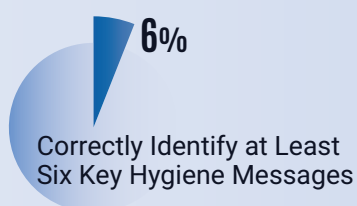


Note: Water from improved source and collection time within 30 minutes for a roundtrip including queuing



Note: Basic means use of improved facilities which are not shared with other households

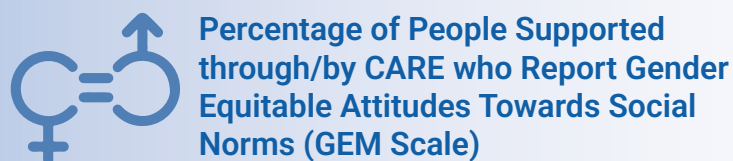
WASH Related Knowledge and Practice



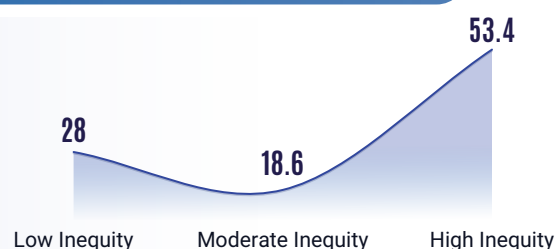
Food Safety



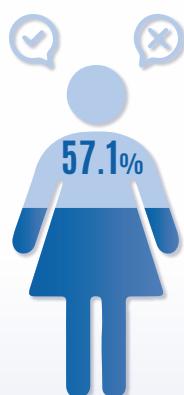
Result Area 5-Increased Control of Women Over Household Decision-making



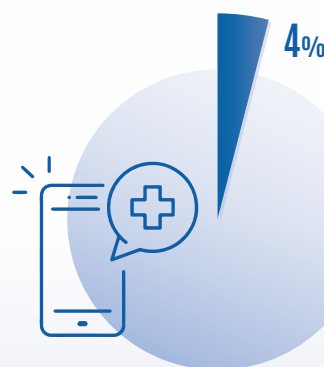
Note: The GEM Scale (Gender-Equitable Men Scale) is a research tool designed to measure attitudes toward gender norms, roles, and behaviors, particularly in the context of masculinity and gender equity. It evaluates individual beliefs about gender relations, including equitable and inequitable norms, across areas such as intimate relationships, household responsibilities, violence, and reproductive health.



Active Participation of Women in Household Decision Making in Production and Use of Household Income to Improve Diet



Mothers Accessing Maternal and Child Health Information through Mobile, SMS, and/or Interactive Voice



NURTURE EVERY FUTURE: POSHAN NEPAL



care®

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medicine
for all people