



Strategic Framework 2021 - 25

Partnering with women and girls to end poverty and achieve social justice in post COVID-19.



Vision :

We seek communities of hope, inclusion and social justice, where poverty has been overcome and all Nepali people live in dignity and safety.

Mission :

Together with our partners, we will save lives, defeat poverty and achieve social justice.

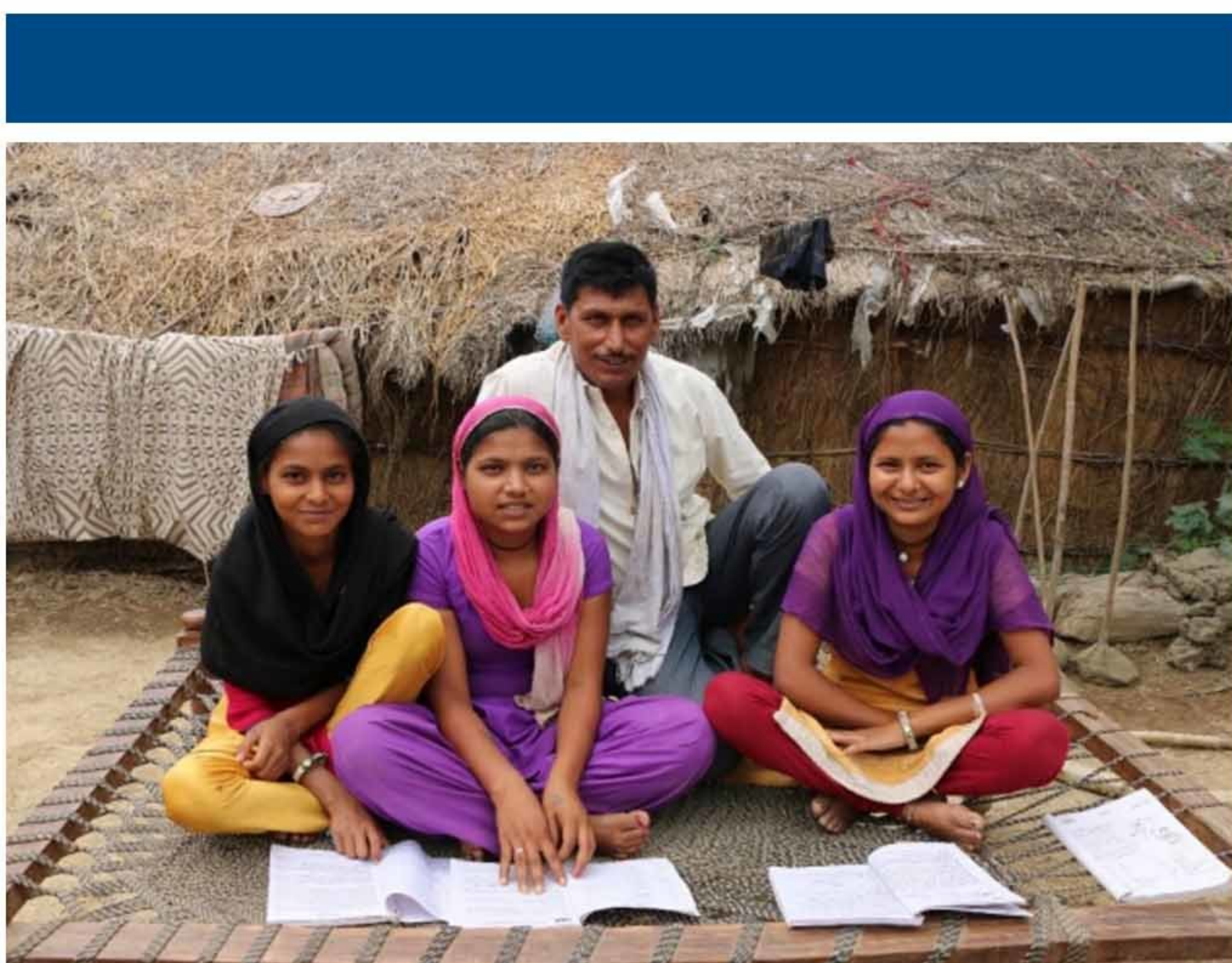
CARE Nepal aims to demonstrate positive and transformational change in the lives of 2.5 million women and adolescent girls by 2025. CARE believes that if the most marginalized women and adolescent girl populations in Nepal experience increased social and economic empowerment, benefit from inclusive social structures and changing social norms, are able to exercise their social, economic and political rights, and build disaster resilience, then they will be able to not only withstand shocks but also overcome poverty and injustice.

This transformational change in the lives of women and girls will in turn promote poverty reduction and inclusive justice for members of their households, immediate communities and wider society.

Flagship Approaches :

Our Flagship Approaches are foundational to everything we do, and are embedded across program models and activities. They help ensure we address the root causes of poverty and injustice holistically. Partners seek us out not only for the evidence behind these approaches, but also for CARE's commitment to continuous learning and improvement in these important areas :

1. Strengthening Gender Equality and Social Inclusion (GESI)
2. Promoting Inclusive Governance
3. Increasing Resilience
4. Transforming Social Norms
5. Nurturing Partnership and Alliances



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CARE’s six critical contributions

In order to influence change beyond the communities where we work directly, and to leverage the efforts of our many partners and stakeholders, CARE has identified six critical contributions that leverage our presence and influence. They also apply CARE’s global expertise and learning, including our Flagship Approaches;

- 1. Nurture innovation
- 2. Increase social accountability
- 3. Support social movements
- 4. Advocate in policy discourse
- 5. Promote harmful norms change
- 6. Champion localization

Our Focus

We partner with women and girls within the following four groups in Nepal:

Adolescent girls
(ages 10-19)

Urban and peri-urban
communities

Women-headed
households

Dalit and ethnic
minorities in the Terai and
Western Hills

Theory of Change-TOC

Program Goal

Women and girls are able to exercise their rights and effectively engage within accountable, gender-transformative and inclusive governance spaces at all levels.

Economic Justice

Women and girls attain resilient livelihoods, inclusive assets, and opportunities to exercise economic entitlements and rights.

Transformed Social Norms, Beliefs and Practices

Women and girls lead dignified lives free from violence and all forms of discrimination.

Social & Political Power

Women and girls are able to exercise their rights and effectively engage within accountable, gender transformative and inclusive governance spaces at all levels.

Climate and Disaster Resilience

Women and girls have increased resilience to cope with and mitigate climate and disaster risks.

Emerging food security, nutrition, health needs in COVID context addressed.



CARE partners with a wide and strategic array of civil society, three tiers of government, private enterprise, social movement, as well as donor communities

Technical Themes

CARE has organized its sectoral expertise and approaches around three technical themes. Each of these three thematic program areas are closely interlinked with the other two, as per our domains of change (see Theory of Change, above). CARE's five Flagship Approaches are integrated within each thematic area in order to drive transformative change in lives of our impact populations. A summary of the three technical themes, along with their outcomes and sectors/sub-sectors, is outlined here:



Women's Economic Empowerment & Climate Justice

CARE's approach ensures women gain equitable access to dignified economic opportunities, improved food security and resilience to climate change by working towards sustainable distribution of benefits from natural resources systems comprising of land, forest and water. The key outcomes under this theme include :

Outcome 1: Improved access to economic opportunities that promote sustainable natural resource systems.

Outcome 2: Enhanced resilience to climate change and environmental impacts.

Outcome 3: Improved access to nutritious food through sustainable agricultural production.

Sector / Sub-Sectors included in this theme :

Climate Change Adaptation

Integrated Nutrition

Natural Resource Management (Water System, Watershed Management, Forest, Land, etc.)

Agriculture and Market Systems Development.

Food Security

Livelihoods and Vocational Training

Financial Inclusion and Entrepreneurship Development

Gender Justice & Health and Education Rights

CARE’s integrated approach empowers women and girls from vulnerable and marginalized communities to lead a healthy, violence-free and dignified life while realizing their rights and aspirations. The key outcomes include:

- Outcome 1 : Increased participation of women and girls in decision making
- Outcome 2 : Strengthened community engagement to eliminate discriminatory social norms and violence against women and girls (VAWG)
- Outcome 3 : Improved public awareness of rights and access to quality health, education, and legal services

Sectors / Sub-Sectors included in the theme :

- Sexual and Reproductive Health and Rights (including of Adolescents)
- Integrated Adolescent Programming
- Maternal, Newborn and Child Health
- Health System Strengthening
- Education
- Gender-Based Violence (GBV) Prevention and Survivor-centered Response.
- Gender Equality and Intersectionality

Disaster Risk Reduction and Gender in Emergencies

CARE engages in integrated preparedness, response and recovery programs for building resilience and links these to long-term development programs to sustain recovery efforts. The key outcomes include:

- Outcome 1 : Communities and institutions understand and are empowered to prepare and respond to disaster risk
- Outcome 2 : Quality, accountable, coordinated, gender-transformative local humanitarian responses and resilient recovery and reconstruction ensured
- Outcome 3 : Strengthened and inclusive governance for equitable and just disaster management

Sectors / Sub-Sectors included in the theme :

- Disaster Risk Reduction
- Gender in Humanitarian Action (GIHA), Gender in Emergencies (GiE)
- WASH
- Protection / GBV
- Food Security
- Sexual and Reproductive Health and Rights
- Shelter



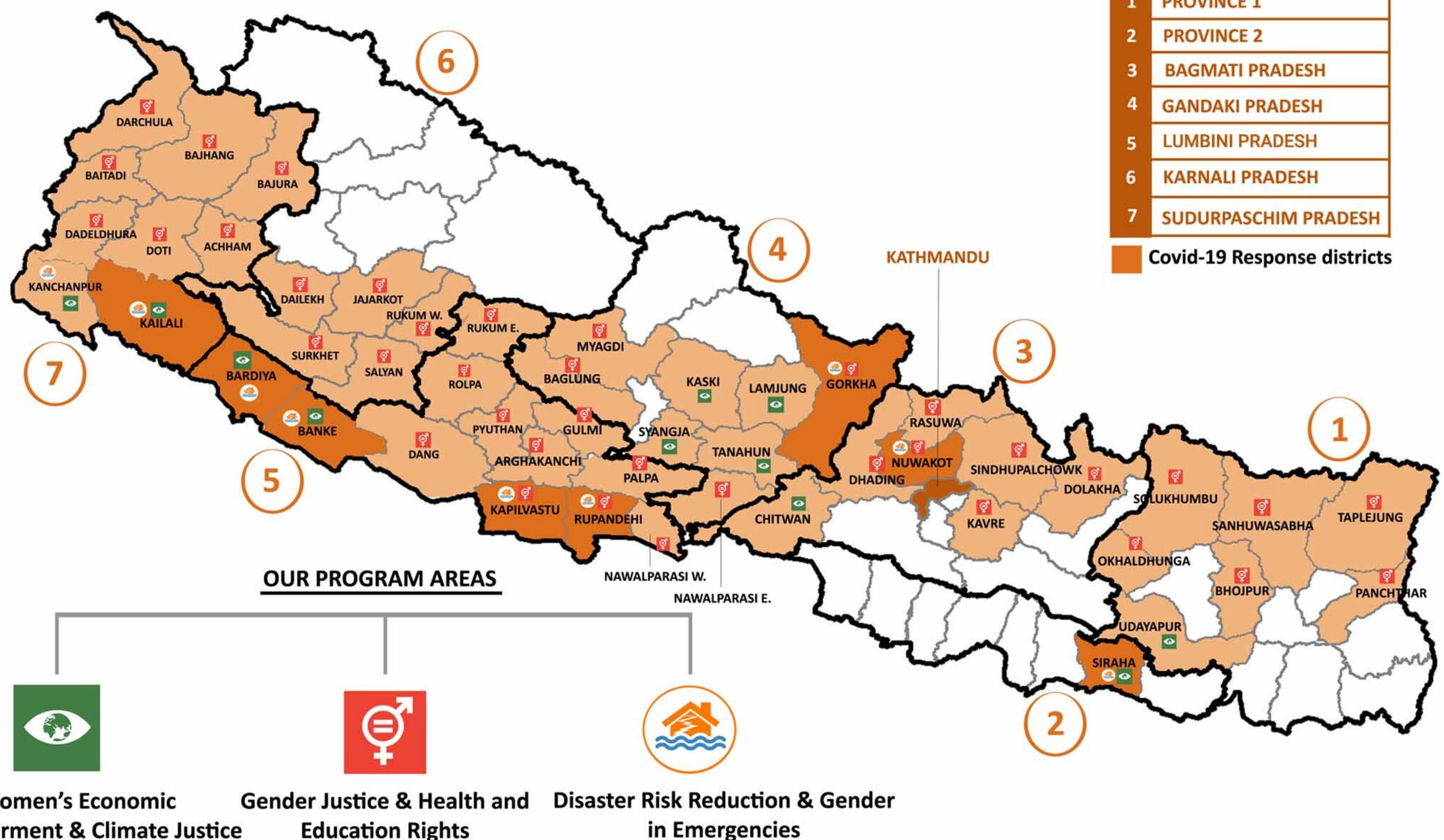


Measuring Impact & Enhancing Learning

CARE Nepal is enhancing its robust Design, Monitoring, Evaluation and Learning (DMEL) and Knowledge Management (KM) systems by digitalizing information collection, processing and visualization processes of outputs and outcomes. This will enhance adaptive management, real-time learning and systematic improvements to our program. Partner NGOs will be included in the system and continue to receive ongoing capacity building for their DMEL and KM capabilities.



GEOGRAPHICAL COVERAGE OF CARE NEPAL'S WORKING AREAS



CARE Nepal
T: +977 5522800
Email: npl.carenepal@care.org

Address :
House No. 777/34,
Ward No. 3, Jhamsikhel, Lalitpur