

USAID ARH

To support adolescents in Nepal to reach their full potential by choosing and practicing healthy reproductive behaviors

BASELINE INDICATORS

To assess the current situation of adolescents' sexual and reproductive health in USAID ARH working municipalities of 11 districts in Lumbini, Karnali and Madhesh Provinces

10.9%

Adolescent girls (aged 15-19) are married or in union

The median age at marriage is **16 years** (10-19 years, 179)

14.8%
GIRLS

Dropped out of school

43.2% of currently married adolescent girls make the decision to use contraceptive jointly with their husbands and/or by themselves.



12.5% of adolescent mothers (aged 15-19) among the married adolescents, had a gap of at least 33 months between their last two births.



20% of adolescents had heard about FP methods out of which 16% of adolescents were aware of 3 or more methods.

13.3%
RATE

Modern contraceptive prevalence rate (CPR) among women age 15-19 years.

23% of adolescents had their own mobile phone out of which 21% adolescents reported playing digital games.



8.8% of adolescents and 11.8% of parents had ever heard/read of FP/RH messages in the last six months.

1.8.8%
LOW

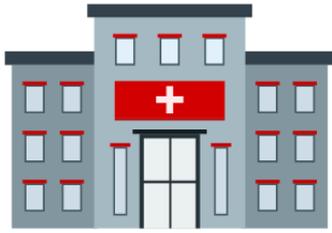
65.1%
MODERATE

16.1%
HIGH



18.8% of the community members had low positive social norms, 65.1% had moderate and 16.1% had high.

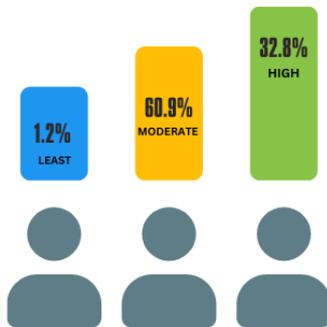
Out of 14 social norms indicators, the composite index is calculated with equal weightage.



8.2% of adolescents deliver in a health facility and initiate or leave with a modern contraceptive method prior to discharge



8.6% of both adolescents and parents recall hearing or seeing a specific USG-supported Family Planning/Reproductive Health (FP/RH) by socio-demographic characteristics



1.2% of the community members had the least equity on gender equitable attitudes, 60.8% had moderate equity and 38.2% had high equity.

Community members report gender-equitable attitudes towards social norms

Note: Total Adolescent = 5670 (Male= 2268, Female= 3402) and Parents= 1512



Mixed-method: Quantitative and Qualitative Approaches

6.9% of married adolescent girls (aged 15-19 years) attended at least one Health Mother's Group in the last 6 months



85.5% of adolescent girls had access to private place to wash and change while at home during menstruation



Adolescent girls' demand satisfied by a modern method of contraception

UNMET NEED

14.7% for LIMITING
22.5% for SPACING

USAID Adolescent Reproductive Health (USAID ARH) is a five-year program led by CARE Nepal and in partnership with Howard Delafield International (HDI), Jhpiego, Nepal CRS Company, and Association of Youth Organizations Nepal (AYON), to empower girls and boys of 10-19 years, including the most marginalized, to attain their Adolescent Reproductive Health (ARH) rights.